

**19<sup>th</sup> Annual Gilman Hillbilly 5k Run**

**Saturday, July 29th, 2023**

**Gilman, Minnesota**

**Race Start Time: Saturday July 29th, 2023 @ 7:45 AM in front of Sts. Peter and Paul's Catholic Church.**

Kids fun run: 8:30AM (No Charge, just show up that morning)

**Prize: \$100 Gift Certificate to the Scheels to overall top Male and Female Finishers**

**Registration options:**

\*5k with T-shirt - \$25

\*5k with Long Sleeve T-shirt - \$30

\*I'm choosing to sleep through the 5k, but would love the T-shirt and donate \$25 to Gilman Park and Rec for park projects

\*I'm choosing to sleep through the 5k, but would love the Long Sleeve t-shirt and donate \$30 to Gilman Park and Rec for park projects.

**If any of the options above are postmarked after July 7th, 2023, the price increases by \$5.**

Mail registration form to: **Elissa Brenny 11983 103<sup>rd</sup> Ave NE Foley MN, 56329**

Make Checks payable to: **Gilman Park and Rec**

**Race packet pickup is Thursday, July 27th, 2023 at the Gilman Park Shelter. 6:30PM-7:30PM or the morning of the race starting at 7:15AM**

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**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Sex:** M or F

**Phone:** \_\_\_\_\_ **Option** (Circle one): **5K/T-Shirt** **5k/LongT** **Sleep T-Shirt** **Sleep LongT**

**Shirt Size** (Circle one): **Youth: XS, S, M, L, XL, XXL** **Adult: XS, S, M, L, XL, XXL**

**Mailing or Email**

**address:** \_\_\_\_\_

Knowingly and at my own risk, I hereby enter the Gilman Days 5k. I or my parent/guardian hereby waive and release any and all claims for damages I may incur as a result of my participation in this event including the City of Gilman, Officials, directors, sponsors or volunteers for said injuries.

**Signature:** \_\_\_\_\_

**Parent/guardian (If under 18)** \_\_\_\_\_

Thank you to our sponsors: Gilman Park and Rec, Henry Embroidery and Screen Printing, Starry Electric, Toni Nadeau State Farm Agency